



## King County

### **Mental Health, Chemical Abuse and Dependency Services Division**

Department of  
Community and Human Services

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## **KING COUNTY ALCOHOLISM AND SUBSTANCE ABUSE ADMINISTRATIVE BOARD (KCASAAB) MEETING April 2, 2015**

**KCASAAB Members Present:** Elizabeth Andrews, Joan Clement, Lauren Davis, Pat Godfrey, Mary Ann LaFazia

**KCASAAB Members by PHONE:** Therese Grant

**KCASAAB Members Absent:** Roger Goodman, (excused)

**Guests Present:** Susan McLaughlin, (Department of Community and Human Services); Robin Covington, (Guest); Peggy Papsdorf, (Pioneer Human Services)

**Mental Health, Chemical Abuse and Dependency Services Division (MHCADSD) Staff Present:** Bryan Baird, Brad Finegood, Dan Floyd, Andrea LaFazia-Geraghty, Ileana Janovich, Chan Saelee, Laurie Sylla, Chris Verschuyl, Jenna Wolfstone

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Board Chair, Pat Godfrey convened the King County Alcoholism and Substance Abuse Administrative Board meeting at 11:35 a.m. The meeting was held at Chinook Building, 401 5th Avenue, Seattle, conference room 123.

### **I. Welcome and Introductions ~ Pat Godfrey**

Pat welcomed everyone and introductions were made by each person in attendance. A quorum was present for this meeting.

### **II. Approval of Minutes ~ Pat Godfrey**

The March 5, regular meeting minutes were approved by consensus.

### III. Budget Update~ *Chris Verschuyt*

Mr. Verschuyt provided a brief update on the following budgetary issues MHCADSD is working on now.

**1. Mental Health Medicaid Rates Reduced to Lower Bound Rate** The Senate Chair budget, and the House Appropriations passed budget (as amended by Rep. Ormsby), mandates that Medicaid rates for all regional support networks (RSNs) must be set at the lower bound of the actuarially certified rate range.

**2. Flexible Non-Medicaid Mental Health Cuts Associated with RSN Reserves**

Senate budget cuts to flexible non-Medicaid mental health allocations, prioritized by the state for crisis services including DMHPs, residential services, and inpatient care.

Chair Godfrey added the Board should send a letter to Governor Inslee, and other elected officials, restating Board concerns previously written to legislators, and add increase in youth psychosis, with great concern over problems to youth. Lauren Davis suggested referencing the Board's previous letter, sent a year ago.

Andrea LaFazia-Geraghty added ACLU is hosting a conference call today on the Initiative 502 issue in conjunction of legislation. Information will be forwarded to members by email after this meeting.

### IV. Integration ~ *Susan McLaughlin*

Globally, we are now under a year from launching the Behavioral Health Organization (BHO), integrating mental health and substance use disorder (SUD) programs.

A list of Advisory Board proposed requirements for BHO's were distributed. This document outlines the markup of the current Boards, and a proposed requirements for the new BHO Advisory Board. These requirements can be found here:

<http://www.kingcounty.gov/healthservices/SubstanceAbuse/Boards/AdministrativeBoard/ArchivedMinutesandMeetingMaterials.aspx>

The state is in the process of developing rates for BHOs, and King County has hired a consultant to assist with rate interpretation.

King County will not be an early adopter of full integration as the timeline was not ideal. The state will release a detailed framework plan on July 1, 2015, with a request for a detailed plan response by October 31.

The topic of integration will be added as a standing agenda item moving forward. Members requested Susan facilitate the integration topic at the upcoming Board retreat in May.

Joan Clement suggested a few providers and a Board member be involved on this intense project, possibly develop a task force, to have key provider input. Mary Ann is interested.

## **V. Prevention Update ~ Andrea LaFazia-Geraghty**

Andrea spoke to the following points:

- At the last Board meeting, Andrea noted the prevention team has been helping with a couple SAMHSA grants; these have been submitted. King County partnered with the University of Washington (UW), School of Social Work on a Screening, Brief Intervention and Referral for Treatment (SBIRT) Health Professions student training grant. This grant will help to train social work students and other health professionals such as dental students, pharmacy students, nurses, etc., in SBIRT. Students are SBIRT trained and certified when they leave school and go in to field. Part of the grant application includes that the students who will be doing this placement, will also have a small stipend. The university is interested in assisting King County with regional trainings, even if the grants are not awarded.
- A Family Treatment Court (FTC) grant was submitted, in partnership with Superior Court. This grant is to enhance and expand FTC. Applicant was Superior Court.
- The Road to Wellness newspaper, a publication released by Community Anti-Drug Coalitions of America (CADCA), was featured in the Seattle Times and was co-sponsored by MHCADSD. The CADCA asked communities to work with local papers to release this. There is an opportunity to send in editorials, as part of the negotiation process.
  - Joan suggested adding the Institute of Medical Disease (IMD) and the 16-bed rule, substance abuse, the impact on detox, and service availability as possible editorial topics.

Pat volunteered to provide an editorial on the IMD and 16-bed rule.

- As part of MHCADSDs prevention media campaign, in partnership with Clear Channel, billboards in the community that state: "Rise above the influence" and "Talk to your kids about marijuana."

Mary Ann LaFazia requested a prevention plan update at retreat.

## **VI. A/D Coordinator's Report ~ Brad Finegood**

Brad gave brief updates to the following points:

- Recovery Centers of King County
- Division of Behavioral Health and Recovery contract monitor change
- Medicated Assisted Treatment Capacity expansion
- Recovery Schools

## **VII. Legislative Update**

Chair Godfrey shared he is making progress on raising the tobacco purchase age to 21. The news coverage has been excellent, and Attorney General Bob Ferguson has done a

great job. He is concerned the House Finance Committee chairman was not going to move it forward, but have a hearing tomorrow at 8 a.m.

Chair Godfrey also announced that Lauren Davis is making progress on the Involuntary Commitment Bill.

### **VIII. LIAISON REPORTS**

Joan spoke about the happenings at the last Mental Health Advisory Board meeting: Julie Lindberg, Vice President of Health Care Services, Molina Healthcare, gave an overview of the family-run company, and discussed the delivery and coordination of care covered by the Molina plan; the penetration rate (for those who do not meet the medical necessity for the Regional Support Network); and getting access to care and how hard it is to access.

Joan suggested these topics for discussion at the retreat and joint meeting: Could we open our retreat for the first hour to providers to discuss concerns and interests to get their direct feedback as we move toward integration, and how we could be helpful. How do we maintain our focus as a Board as we look at Board integration?

### **IX. ADJOURNMENT**

Adjourn 1:00 p.m.

Prepared by:  
Bryan Baird  
Recording Secretary

Attested by:  
Pat Godfrey  
Board Chair